

KATHMANDU – POKHARA: (06 NIGHTS/07 DAYS)

Culture, Heritage and Nature Tour

DAY 01: KATHMANDU

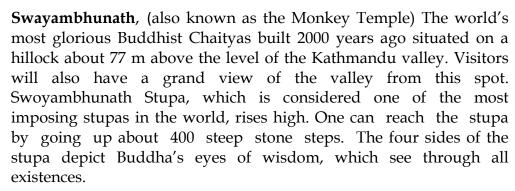
Arrival at Tribhuvan International Airport at Kathmandu. Meet your local guide (TPI representative) at the airport and Khada welcome then transfer to the Hotel. (Check in at 14:00).

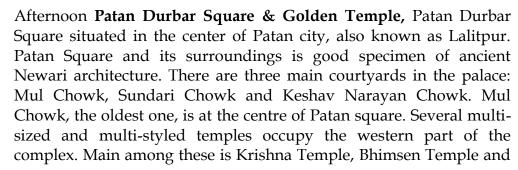
Later Afternoon sightseeing of **Pashupatinath Temple** then see the Arati ceremony. (*Evening 'Aarati' at the banks of Bangmati River on the eastern side of the temple*). Pashupatinath is the most sacred Hindu shrines in the world. The richly-ornamented pagoda houses the sacred linga, or phallic symbol, of Lord Shiva. Chronicles indicate the temple's existence prior to 400 AD. Devotees can be seen taking ritual dips in the holy Bagmati river flowing beside the temple. Cremation of the dead body Hindus/Buddhist takes place at the bank of Bagmati River at Pashupatinath.



DAY 02: KATHMANDU

Morning sightseeing of **Kathmandu Durbar Square**, its old temples and palaces, epitomizes the religious and cultural life of the people. Here, the kings of Nepal are crowned and solemnized. Interesting things for visitors to see are Taleju temple, gigantic figure of Kalbhairav (the god of destruction), Basantapur Durbar and temple of Kumari (the residence of living goddess).











DAY 03: KATHMANDU

Morning sightseeing of **Boudhanath**, The 36-meter-high stupa of Boudhanath is one of the largest stupas in South Asia. Here you can see many monasteries surrounding it. On each side is a pair of the all-seeing-eyes of the Buddha symbolizing awareness.

Afternoon visit **Bhaktapur Durbar Square**, It is also known as Bhadgaon and was founded in 889 AD by King Anand Dev. Today it covers an area of four square miles and is flanked by Khasa Khusung and Hanumante Rivers. The palace complex in the middle of the city portrays the prosperity of the Malla years and the details at which the crafts people then worked. The Palace of Fifty-five Windows stands in the square, which was also home to many kings of Bhaktapur.

Later sightseeing of **Thimi**, The city is more famous for its pottery and agricultural production.



MANAKAMANA TEMPLE: Manakamana Temple is dedicated of Hindu goddess Bhagawati. This Temple is very famous in Nepal. *Mana*, meaning heart and *Kamana*, meaning wish. It is believed that Goddess Manakamana grants the wishes of all those people who worship her. This Temple is situated on the top of the hill (1300m).

Free time in Pokhara.

Pokhara is one of the most popular tourist destinations in Nepal, situated in the northwestern, at an altitude of 900 meters and 200 Km from the Kathmandu. Pokhara is also famous for beautiful lakes and magnificent views of the Annapurna, Dhaulagiri, Makalu, Manaslu, Machhapurche. Overnight.

DAY 05: POKHARA

Early morning drive to **Sarangkot** (1592 m) to for the sun rise and Mountain view (Weather Permit) then on the way back visit **Bindhyabasini Temple** & **Old Bazaar**. Afternoon visit **World Peace Stupa, Devi"s Fall, Tibetan Refugee Camp, Gupteshwor Cave** and boat ride on the **Phewa Lake** & visit **Barahi Temple**.

DAY 06: POKHARA - KATHMANDU

Manakamana Temple by using cable car.













After breakfast drive back to Kathmandu. Overnight.

DAY 07: KATHMANDU

On time departure transfer to the airport.