

# **KATHMANDU VALLEY: 01** (04 NIGHTS / 05 DAYS)

## **Culture, Heritage and Nature Tour**

#### **DAY 01: KATHMANDU**

Arrival at Tribhuvan International Airport at Kathmandu. Meet your local guide (TPI representative) at the airport and Khada welcome then transfer to the Hotel. (Check in at 14:00).

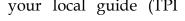
Afternoon sightseeing of **Boudhanath**, The 36-meter-high stupa of Boudhanath is one of the largest stupas in South Asia. Here you can see many monasteries surrounding it. On each side is a pair of the allseeing-eyes of the Buddha symbolizing awareness.

Later **Pashupatinath Temple Darshan** then see the Arati ceremony. (Evening 'Aarati' at the banks of Bangmati river on the eastern side of the temple). Pashupatinath is the most sacred Hindu shrines in the world. The richly-ornamented pagoda houses the sacred linga, or phallic symbol, of Lord Shiva. Chronicles indicate the temple's existence prior to 400 AD. Devotees can be seen taking ritual dips in the holy Bagmati river flowing beside the temple. Cremation of the dead body Hindus/Buddhist takes place at the bank of Bagmati River at Pashupatinath.

#### **DAY 02: KATHMANDU**

Morning sightseeing of Kathmandu Durbar Square, its old temples and palaces, epitomizes the religious and cultural life of the people. Here, the kings of Nepal are crowned and solemnized. Interesting things for visitors to see are Taleju temple, gigantic figure of Kalbhairav (the god of destruction), Basantapur Durbar and temple of Kumari (the residence of living goddess).

Swayambhunath, (also known as the Monkey Temple) The world's most glorious Buddhist Chaityas built 2000 years ago situated on a hillock about 77 m above the level of the Kathmandu valley. Visitors











will also have a grand view of the valley from this spot. Swoyambhunath Stupa, which is considered one of the most imposing stupas in the world, rises high. One can reach the stupa by going up about 400 steep stone steps. The four sides of the stupa depict Buddha's eyes of wisdom, which see through all existences.

Afternoon Patan Durbar Square & Golden Temple, Patan Durbar Square situated in the center of Patan city, also known as Lalitpur. Patan Square and its surroundings is good specimen of ancient Newari architecture. There are three main courtyards in the palace: Mul Chowk, Sundari Chowk and Keshav Narayan Chowk. Mul Chowk, the oldest one, is at the centre of Patan square. Several multisized and multi-styled temples occupy the western part of the complex. Main among these is Krishna Temple, Bhimsen Temple and the Golden Temple of Hiranya Varna.



#### DAY 03: KATHMANDU - NAGARKOT

Morning sightseeing of **Budhanilkantha Temple** (**Budhanilkantha Temple**, is a Hindu open air temple dedicated to Lord Vishnu and located approximately 10 kilometers from the center of Kathmandu at the base of the Shivapuri Hill. This is the largest and most beautiful stone carving in all of Nepal. Budhanilkantha statue is 5 meters in length and it lies in a reclining position inside a recessed tank of water that is 13 meters in length. Called the Sleeping Vishnu or Jalakshayan Narayan).



Afternoon sightseeing of **Bhaktapur Durbar Square**, It is also known as Bhadgaon and was founded in 889 AD by King Anand Dev. Today it covers an area of four square miles and is flanked by Khasa Khusung and Hanumante Rivers. The palace complex in the middle of the city portrays the prosperity of the Malla years and the details at which the crafts people then worked. The Palace of Fifty-five Windows stands in the square, which was also home to many kings of Bhaktapur. Later drive to Kathmandu.



Then drive to **Nagarkot** (2175 m), is 32 Km north east of Kathmandu. It is famous for its Himalayan views- the Himalayan peaks at sunrise are a magnificent sight to behold. Nagarkot is surrounded by thickly forested hills of pine trees which give you an idyllic scene. Walk around Nagarkot. Relax & view sunset. Overnight.





### DAY 04: NAGARKOT - KATHMANDU

Wake up early in the **morning for the sunrise view** and also enjoy the awesome view of Mountain range (Weather permit). After breakfast, easy walk down from Nagarkot. During the walk you will have wonderful view of landscape and mountains. Interact with local people and observe the village lifestyle.

On the way sightseeing of **Thimi,** The city is more famous for its pottery and agricultural production.

Afternoon free for rest or Shopping. Overnight.

### **DAY 05: KATHMANDU**

Departure transfer to the airport.